

Level Up Disciple Maker Training

Week One-The Great Commission

Matthew 28:19-20 NIV Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

I. Go and Make Disciples

Five common misconceptions about the Great Commission:

1. Disciple making is for professions (clergy, full time "ministers") only. (*Truth-Its for everyone*)
2. Disciple making is "foreign missions" to third world nations. (*Truth-its for everywhere*)
3. Disciple making just happens. (*Truth-we must be intentional in making disciples*)
4. Disciple making responsibility falls on the individual (*Truth-we do it together*)
5. Disciple making is limited to my ability (*Truth-only God makes us disciples*)

☐ **"Go":** (how and where?) _____

For too long we have focused on having people "come" instead of us "going" where they are.

☐ **"And Make Disciples":** (What is a Disciple Maker?) _____

A Disciple Maker is someone who assists others in following Jesus.

☐ **"baptizing them in the name of the Father and of the Son and of the Holy Spirit":** (what does baptism mean) _____

Baptism is an outward expression of an inward change.

☐ **"teaching them to obey everything I have commanded you":** (how do we teach others? What commandment(s) summarizes all the others?) _____

We must shift from teaching as a "sage on the stage" to a "guide by the side"

☐ **"And surely I am with you always, to the very end of the age"** How do we experience Jesus' presence? Why is this significant? _____

We are empowered and equipped by God to do what He has commanded us to do.


Why we need this training:

Level Up Disciple Maker Training


Week Two-What Is A Disciple?

John 17:3 NIV Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent.

I. Working Definition: Disciple-a person who knows, grows and follows Jesus


 **Phil 3:8-9** *“What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ--the righteousness that comes from God on the basis of faith.”*

☐ **“knows”:** (how do we know Christ? What is the result of knowing Christ)_____

 **2 Peter 3:18** *“But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be glory both now and forever! Amen.”*

☐ **“grows”:** (What does it mean to grow in grace? How do we grow?)_____

 **Matt 4:19** *Then He said to them, “Follow Me, and I will make you fishers of men.”*

 **Matt 16:24** *Then Jesus said to his disciples, “Whoever wants to be my disciple must deny themselves and take up their cross and follow me.”*

☐ **1 Cor 11:1** *Follow my example, as I follow the example of Christ.*

☐ **“follows”:** (How do we follow Christ? What does it mean to be fishers of men? How do we deny ourselves and take up our cross?)_____

☐ “to be disciples, we too must recognize and accept who Jesus is, and we must place ourselves under His authority.” (RLD, p28)

☐ **Following Jesus involves our head** (mind-how we think), **our hearts** (emotion-how we feel and what we love) and **our hands** (how we live). When someone comes to know who Jesus is and follows Him, it requires a head-level commitment. Following Jesus requires a decision to allow Him to be the authority (leader or head), which begins to change a disciple’s way of thinking and seeing the world. Soon what a disciple knows begins to affect his or her attitudes and priorities. It begins to reflect the supernatural change of the Holy Spirit at work; this is a heart-level change. Last but not least, a commitment to the mission of Christ grows in a disciple, and the disciple aligns his or her efforts and resources with the mission of Jesus.

II. Following Jesus

Choose the best word from this list (mission, committed, following, changed) to fill in the blanks below:

- ☐ A disciple is one who is _____ Jesus. (head-level change)
- ☐ A disciple is one who is being _____ by Jesus. (heart-level change)
- ☐ A disciple is one who is _____ to the _____ of Jesus (hands-level change)
- ☐ Reflect on your life as a disciple. Read each statement below, place an (X) above the description that best describes you right now.

1. **"Follow me"** – Am I someone who follows Jesus?

No one tells me
what to do

I follow, but am easily
distracted

I have good and bad
days, but I try to follow

I am committed to
following every
moment, every day in
every way

2. **"And I will make you"** – Is Jesus changing me?

I am no different

Three steps forward,
two steps back

I can identify areas of
my life that Jesus has
changed

I continuously submit
my life to Jesus and
continuously become
more like him.

3. **"Fishers of men"** – What level is my commitment to the mission of Jesus?


I don't give time or
resources to Jesus'
mission

I know I should, but I
haven't committed to
Jesus' mission


I want to commit but
don't know how

I am using my time
and resources
regularly to make
disciples

III. Traits of a Disciple

 **John 8:31 CEV** "Jesus told the people who had faith in him, "If you keep on obeying what I have said, you truly are my disciples."

☐ **Trait:** _____

 **John 15:8 NIV** "This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples."

☐ **Trait:** _____

 **John 13:35 NIV** "By this everyone will know that you are my disciples, if you love one another."

☐ **Trait:** _____

Review today's lesson, where do you need to grow the most and what is your next step: _____

BASIC GROWTH PRINCIPLES

1. We grow as we give Christ top priority in our lives.

Matthew 6:33	Luke 18:29-30	John 12:26	John 15:5-7
Galatians 2:20	Philippians 1:21	2 Timothy 2:4	Hebrews 11:26

2. We grow as we feed upon God's word.

Joshua 1:8	Psalms 37:31	Psalms 119:9,11	Psalms 119:105
Psalms 119:130	Matthew 4:4	John 6:63	John 8:31
John 15:3	2 Timothy 3:16-17	Hebrews 4:12	1 Peter 2:2

3. We grow as we pray.

Jeremiah 33:3	Matthew 7:7,8	Matthew 18:19	Mark 11:24
John 14:13-14	Philippians 4:6-7	Hebrews 4:16	James 4:2b
James 5:16b			

4. We grow as we fellowship.

1 Samuel 23:16	Proverbs 27:17	Isaiah 35:3-4	Matthew 18:20
John 17:21	Hebrews 3:13	Hebrews 10:24-25	1 John 4:7

5. We grow as we witness.

Proverbs 11:30	Psalms 107:2	Psalms 126:5,6	Isaiah 58:10-12
Daniel 12:3	Matthew 4:19	Matthew 5:16	John 4:32-34
Acts 1:8	Romans 1:16	James 3:18	1 Peter 3:15

6. Growth takes time.

Luke 3:23-Jesus was thirty years old before being released to minister.
Hebrews 5:8-Jesus was trained through suffering
Acts 7:23-24 Moses was trained in the courts of Pharaoh, in the wilderness of Midian before being released to minister.
Galatians 1:15-2:1 Paul went through 17 years of training following his conversion.
2 Corinthians 3:18 Galatians 4:19 Ephesians 4:11-13 Philippians 2:22
1 Timothy 5:22

7. Adversity facilitates growth.

Psalms 119:71	Romans 5:3-5	Hebrews 12:5-11	Hebrews 5:8
James 1:2-4	1 Peter 1:7	1 Peter 5:10	Revelation 3:19

8. God's sovereignty oversees our growth.

Psalms 71:20	Psalms 119:75	Psalms 127:1	Romans 8:28
1 Corinthians 10:13			

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Week Three- Moving the Spiritually Dead Toward Life: Share

Ephesians 2:4-5 NIV But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions--it is by grace you have been saved.

I. Recognizing the Spiritually Dead (beliefs, values, attitudes and behaviors) p79

- ☐ Disbelief in God (atheism) or belief in possibility of God (agnosticism) or belief in a God that is different from the God of scripture.
- ☐ Belief in one God but many ways to get to Him.
- ☐ Anger toward Christians or the church.
- ☐ Ignorance and or confusion about God, Jesus, and the church
- ☐ A belief that what is right for you is right for you and what is right for another is right for him or her, there is no absolute truth – right or wrong.

II. Phrase from the stage (p80)

- ☐ ‘The Bible is just a bunch of myths’
- ☐ “There are many ways to get to God”
- ☐ “I believe in heaven, but there is no hell” “...no hell, because God is a God of love.”
- ☐ “I believe in Jesus, but my friend is Mormon (Jehovah’s Witness). I told her it didn’t matter as long as we believed in Jesus.

III. Needs of the Spiritually Dead (81)

- ☐ A secure relationship with a mature believer
- ☐ A picture of the real Jesus lived out in front of them
- ☐ Answers, evidences for Christianity, and answers to life’s hard questions
- ☐ An explanation of the gospel message
- ☐ An invitation to receive Christ

IV. Topics Unbelievers wrestle with: (82)

- ☐ How a good God could allow the evil that happens in the world
- ☐ The authority of Scripture
- ☐ Evolution – Is there a God?
- ☐ Previous hurts from past involvement in the church

IV. Important points (81)

- ☐ If we are to share our faith with the spiritually dead, we must build an ongoing relationship with them. As we do, we will discover their reasons for not being a Christian if we listen well.
- ☐ We must earn the right to speak into their lives so we can deal with the issues one at a time.
- ☐ The best evidence for our faith is the kind of love we give to others.

Week Three- Moving the Spiritually Dead Toward Life: Share

V. What to do with the Spiritually Dead (p83-87)

- ☐ Share Your Testimony
- ☐ Earn the Right To Share Christ
- ☐ Pray That God Shows You Opportunities to Share
- ☐ Share The Gospel

VI. Praying For the Lost (H.E.A.R.T.)

As you pray for the salvation of the lost, pray for unbelievers to have changed **HEARTS**.

Use the **HEARTS** acrostic to help you remember how to pray:

♣ **Pray for Receptive HEARTS** (Luke 8:5-15) In the parable of the sower (see Luke 8:5,12), the seed that fell beside the road was trampled under foot, and the birds of the air ate it up. Jesus explained that the seed is the Word of God and the seed that fell beside the road represents those who heard the Word. The devil then takes away the Word from their heart, so that they may not believe and be saved. We need to pray that God will prepare the heart so that the seed would take root.

♣ **Pray for their Spiritual EYES and EARS to be opened** (Matt. 13:15; 2 Cor. 4:3-4) The lost person is blinded by Satan. "But if our gospel be hid, it is hid to them that are lost: In whom the god of this world hath blinded the minds of them which believe not, lest the light of the glorious gospel of Christ, who is the image of God, should shine unto them" (2 Cor. 4:3-4, emphasis added). Only God can open their eyes. The individual must hear God speak. "For this people's heart is waxed gross, and their ears are dull of hearing, and their eyes they have closed; lest at any time they should see with their eyes, and hear with their ears, and should understand with their heart, and should be converted, and I should heal them" (Matt. 13:15)."

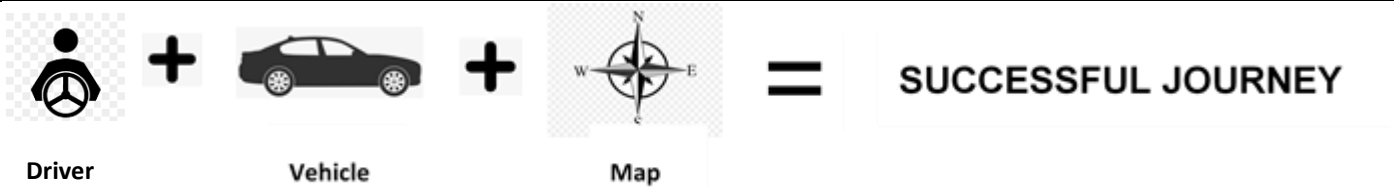
♣ **Pray for unbelievers to have and understand God's ATTITUDE toward sin** (John 16:8) This will require that they admit they are sinners who face judgment and are in need of the righteousness of Jesus. The Christian, on the other hand, with God's attitude toward sin, will be proactive. The role of the Holy Spirit is to convict and convince of sin. "And when he is come, he will reprove the world of sin, and of righteousness, and of judgment" (John 16:8).

♣ **Pray for the lost to be RELEASED from barriers and strongholds that hinder faith** (2 Tim. 2:25-26) God would grant repentance, then the lost individual will come to his or her senses and escape the trap . . . which includes the destruction of barriers and strongholds in the individual's life. For though we walk in the flesh, we do not war after the flesh: (for the weapons of our warfare are not carnal, but mighty through God to the pulling down of strongholds)" (2 Cor. 10:3-4). Praying specifically for a lost individual is warfare. Satan will go to any extent to keep a person lost and in his kingdom. In this spiritual warfare, we do not fight with weapons of flesh, but with mighty weapons of God. Our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world, and against the spiritual forces in the heavenly realms. "For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places" (Eph. 6:12).

♣ **Pray for unbelievers to experience a Transforming life in Christ** (Rom. 12:1-2) "I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world but be ye transformed by the renewing of your minds, that ye may prove what is that good and acceptable, and perfect will of God" (Rom. 12:1-2). Pray for the Lord to Send believers to witness to lost persons (Matt. 9:35-38)¹⁰ Prayer is the key to effective soul winning efforts. We must call upon the Lord of the harvest to save the lost, send us and empower us.

Discipleship Pathway

I. Journey to Spiritual Maturity

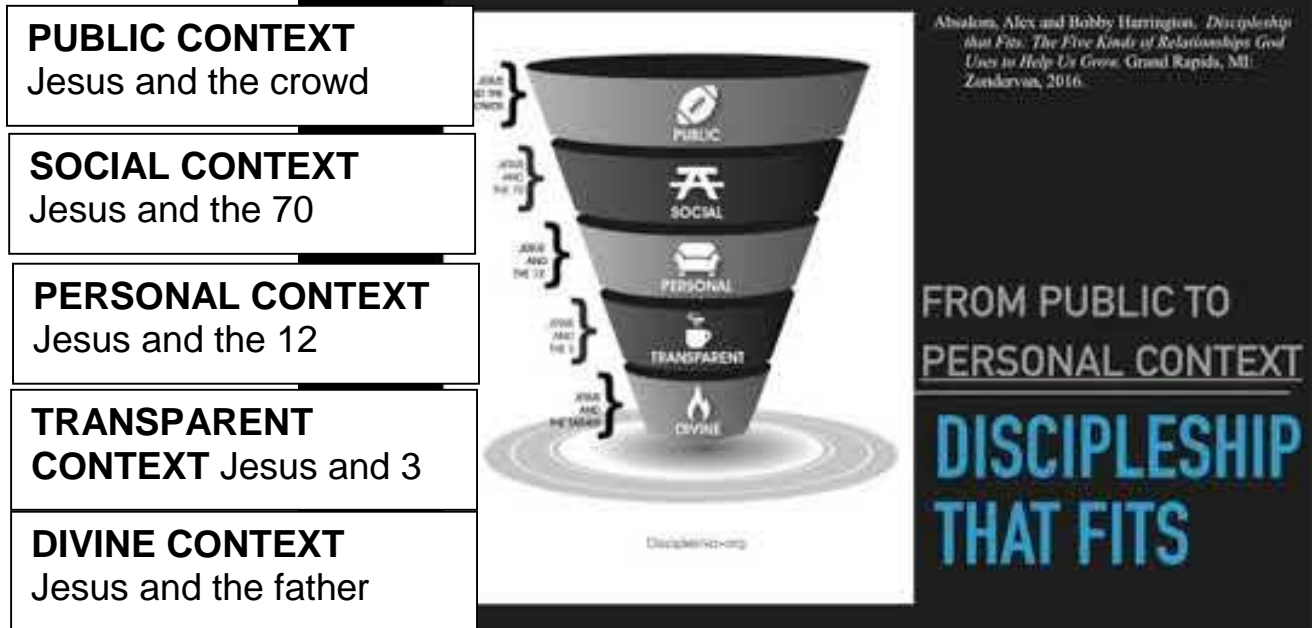


Driver: the Intentional Leader (Disciple Maker)

Vehicle: Relational Environment-Public, Social, Personal, Transparent, Divine

Map: Reproducible Process-Discipleship Pathway: Connect, Care, Community, Commission

II. FIVE KINDS OF RELATIONSHIPS GOD USES TO HELP US GROW



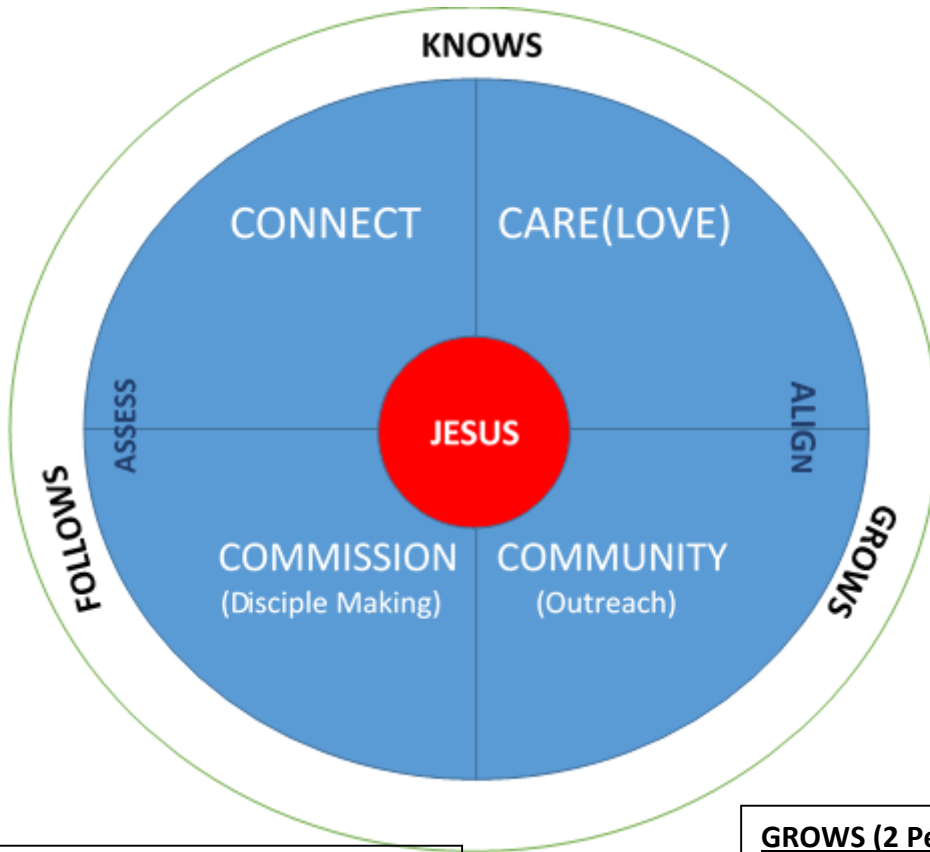
RELATIONAL ENVIRONMENTS

Using the table below, conduct a personal study of Jesus and the five different contexts

Environment	Major Expression	Gospel Passages	What Happened	FCOG
Public	Jesus and the multitudes	Matt 5:1-2 John 6:1-2 Mark 6:3-4	Sermon on the Mount Feeding of the 5000 Compassion for the sheep	Sunday Worship
Social	Jesus and the 70	Luke 10:1 Matt 9:9-13 Luke 19	Sends 70 out Eating with Matthew's friends Zacchaeus House	Food at First 4 Corners
Personal	Jesus and the 12	John 12 Matt 8:23-27 Mark 8:27-33	Washing the disciple's feet Calming the Storm Peter's confession	Small Groups Ministry Grps
Transparent	Jesus and the 3 (Peter, James and John)	Luke 9:28-36 Mark 10:35-45 Matt 28:36-38	Transfiguration James & John request Garden of Gethsamane	Close Relationships
Divine	Jesus and the Father	Mark 1:35 Luke 6:12 John 5:19	Early Morning Prayer Praying-Calling the twelve Jesus does what he sees the Father do	One on One

Discipleship Pathway

II. DISCIPLESHIP PATHWAY: Disciple-A person who knows, grows and follows Jesus



KNOWS (Phil 3:8a-9 CEV)

Nothing is as wonderful as knowing Christ Jesus my Lord. and to know that I belong to him. I could not make myself acceptable to God by obeying the Law of Moses. God accepted me simply because of my faith in Christ.

- **Connect** to God thru faith in Jesus
- **Connect** to God thru prayer and God's Word
- **Connect** with God's Family- the church
- **Connect** to God's Mission
- **Relational Environments-** Worship Service, Disciple Maker, Congregational Care, Small Groups

FOLLOWS (Matthew 28:19)

Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

Commission – we assist others in becoming and making disciples

- **Relational Environments-** Disciple Maker, Congregational Care, Small Groups, Ministry

GROWS (2 Peter 3:18a)

But grow in the grace and knowledge of our Lord and Savior Jesus Christ.

- **Care** - Receive and give **(love)** in God's family.
- **Community** – extend God's love to others
- **Relational Environments-** Disciple Maker, Congregational Care, Small Groups

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Week Four: Nurturing Spiritual Infants: Share

1 Peter 2:2 NIV Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation.

I. Recognizing Spiritual Infants (beliefs, values, attitudes and behaviors) p89-92

- ☐ Spiritual infants are characterized by their **ignorance, confusion** and **dependence**.
- ☐ Ignorance about what they need spiritually and what the Bible says about life and the purpose of a Christian
- ☐ Belief that Christians make no mistakes; unrealistic expectations of themselves and others.
- ☐ They are often excited about their faith and can become very zealous for Jesus.

II. Phrase from the stage (p92-93)

- ☐ "I don't have to go to church to be a Christian"
- ☐ "I don't have time to be in relationship with another Christian"
- ☐ "I didn't know the Bible said that"
- ☐ "It don't take all that" (When asked about praying, attending worship, serving in the church)


III. Needs of the Spiritual Infants (p93)

- ☐ Individual attention from a spiritual parent
- ☐ Protection and care
- ☐ To have the Word of God explained to them
- ☐ To have the habits of a believer explained and modeled
- ☐ To be shown how to put on the spiritual armor (Ephesians 6:10-17)

IV. What to do with Spiritual Infants (p94)

- ☐ Disciple-makers must create a relational environment so the spiritual infants in our care can continue to grow and learn as we share our lives with them.
- ☐ Truths disciple-makers need to teach spiritual infants:
 - Teach them about the spiritual battle that surrounds them.
 - Teach them how spiritual transformation works in our lives.
 - Teach them about the stages of spiritual growth and the discipleship process.
 - Teach them what a new habits they need to develop:
 - Need a personal Bible study plan or method
 - Meet together and are a part of the church
 - Serve others
 - Pray
 - Give to others
 - Are in relationship
 - Are humble
 - Share our faith with all who will listen

V. Sharing your life

 **1 Thessalonians 2:8** *“so we cared for you. Because we loved you so much, we were delighted to share with you not only the gospel of God but our lives as well.”*

- ☐ For spiritual infants to be healthy and to grow naturally into childhood, they need someone to take time to care for them. We need to share our lives with those we are discipling which includes spending time together and being available to answer questions and respond to teachable moments. Life cannot stop every time a spiritual infant has questions, yet some questions cannot be put off. The following exercise contains possible questions and situations that you might encounter when discipling a spiritual infant. Rate them on a scale of urgency.

1 means very urgent and must be answered ASAP

2 means that we should get back to the individual if we have time

3 means it can wait

- ___ A. “What kind of Bible should I buy?”
- ___ B. “My husband and I just had an argument over my church involvement. How should I have responded?”
- ___ C. “A guy at work said that Jesus will return next September. Is that true?”
- ___ D. “My old pal just called and asked me to come to a party tonight. There will be drugs and alcohol there, but I think God is calling me to go be witness. What should I do?”
- ___ E. “I just read where Jesus said disciples must hate their families. Is that true.”
- ___ F. “My business partner gave me reasons why he is going to leave his wife. How should I help him?”
- ___ G. “How should I dress for church this Sunday?”

How well would you be able to answer the above questions? The idea of answering questions like this might seem a bit overwhelming, and you might be worried if you don’t immediately know how to respond. Know that it’s perfectly fine if you don’t have all the answers. If you get into a situation where you don’t know how to respond, just say you will find the answer and get back to them. A disciple-maker continues to learn and grow in his or her walk as well. Spiritual infants benefit from seeing growth in you.

Where do you want to improve in your walk with Christ?

- ☐ Bible study – knowing where to find scripture and when to share it
- ☐ Prayer – praying for the lost and for opportunities to share Christ
- ☐ Relationships with other believers, relationships with unsaved
- ☐ Sharing Christ with others
- ☐ Fruit of the Spirit – which fruit is evident in my life, how can I cultivate more fruit
- ☐ Battling temptation
- ☐ Handling offense
- ☐ Showing love to others especially those not like me

Level Up Disciple Maker Training

Week Five – Guiding Spiritual Children: **Connect**

1 Corinthians 14:20 NIV Brothers and sisters, stop thinking like children.

In regard to evil be infants, but in your thinking be adults.

I. Beliefs, values, attitudes and behaviors of Spiritual Children (p105-106)

- ☐ Understand much of the Christian language
- ☐ Disillusionment because of their high expectation of others
- ☐ Belief that people are not caring for them enough
- ☐ Mimicking mature Christian's behaviors in order to look good and gain praise
- ☐ Serving others in a ministry as long as the benefit outweighs the cost
- ☐ Knowing more about what Christians say than about what the Word says

II. Phrase from the Stage (106-107)

- ☐ "Who are all these people coming to my church? Tell them to go somewhere else!"
- ☐ "My church is not taking care of my needs."
- ☐ "I didn't like the music today. If only they did it like..."
- ☐ "I am not being fed in my church, so I am going to a church that meets my needs better."

III. Additional Indicators of Spiritual Immaturity (p107-111)

- ☐ They believe things about life and faith that are biblically inaccurate.
- ☐ They do the right things for the wrong reasons (selfish motives)
- ☐ Their service is conditional (as long as it suits them).
- ☐ They are sophomores – "wise fools": wise enough to know the truth but foolish about how to use it.

IV. Meeting the Needs of Spiritual Children (p111-112)

- ☐ Teach them about:
 - being a part of a spiritual family,
 - feeding themselves
 - who they are in Christ
 - having relationship with Christ
 - having relationship with other believers
 - appropriate expectations concerning other believers
 - Giftedness and where to serve
 - Timing

V. What to do with Spiritual Children (p114-122)

- ☐ Give them a solid biblical foundation (head)
- ☐ Help them understand about spiritual warfare
- ☐ Help them understand about change (head to heart)
- ☐ Teach them **how to**:(hearts to hands)
 - Handle the Word of God correctly
 - Deal with other believers appropriately
 - Discern God's Will
 - Play Your Part in Your Family
 - Witness to the Lost
 - Be involved in the Local Church

VI. Connect: Helping Spiritual Children Grow (p114-122)

1. Check the quote that most accurately describes you:
 - ☐ I can make it on my own without telling others what is going on with me.
 - ☐ I don't like to be transparent, but if I have to I will.
 - ☐ I believe that connection to other believers is essential to my spiritual growth.
 - ☐ I can list three people right now that help me in my spiritual growth.
2. Three essential connections that a disciple-maker should help a spiritual child make:
 - ☐ Connection to God
 - ☐ Connection to God's Family
 - ☐ Connect them to Kingdom Purpose using their gifts and abilities
3. Check the ways you might build a connecting relationship with disciples who are spiritual children:
 - ☐ Taking time in your schedule to get to know them
 - ☐ Listening to their story
 - ☐ Sharing personal stories so they can relate to you
 - ☐ Checking up on their well-being
 - ☐ Holding them accountable for applying what they are learning about being a Christian
 - ☐ Empathizing as they experience "growing pains"
4. Whether talking on the phone, meeting for coffee or spending time together doing something unrelated to church, the disciple maker must be intentional in staying connected the spiritual children.

List ways you will be more intentionally relational with some spiritual children God has placed in your life:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

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Week Six – Training Young Adults: Minister

1 Corinthians 12:6-7 NLT God works in different ways, but it is the same God who does the work in all of us. A spiritual gift is given to each of us so we can help each other.

I. Beliefs, values, attitudes and behaviors of Spiritual Young Adults (p124-127)

- ☐ Spiritual young adults are action/service-oriented, zealous, God-centered, other-centered, and mission-minded, but they often don't think in terms of reproducing disciples.
- ☐ Desire to serve for others' good and the glory of God.
- ☐ Feeling responsible for how others respond to the gospel message; possible pride if a person accepts the message and possible discouragement if they don't.
- ☐ Desire to serve but not strategic about how to train others.
- ☐ Naivety about how well other believers are doing – for example, they believe that others are on fire for Jesus because everyone seems to be “fine” at church.

II. Phrase from the Stage (127)

- ☐ “In my devotions, I came across something I have a question about.”
- ☐ “Look how many are at church today!”

III. Needs of Spiritual Young Adults (p128)

- ☐ Help in finding an appropriate ministry to serve in within the church.
- ☐ A spiritual parent who will debrief with them about ministry experience.
- ☐ Ongoing relationships with other believers that offer encouragement and accountability.
- ☐ Help establishing healthy boundaries for their families.
- ☐ Guidance regarding appropriate expectations of the people they will serve
- ☐ Assistance in identifying their gifts
- ☐ Help navigating complex ministry situations

IV. What to do with Spiritual Young Adult (p131)

- ☐ Help them understand ministry (Head)
 - Teach them **how to**:
 - Defend the Gospel
 - Work under and with the Leadership of the Church
- ☐ Help them to be Ministers (Heart)
 - Equipping them to be courageous (when and how to confront)
 - Helping them learn to work with a team
 - Teaching them how to be disciplined and responsible
- ☐ Give them opportunities to do ministry (Hands)
 - Leading a group
 - Leading a leader
 - Establishing and keeping boundaries

V. Becoming God Dependent and Others Focused

Place a “C” by the spiritual child statements and a “YA” next to the spiritual young adult statements.

- _____ 1. I love my group because they take care of me.
- _____ 2. My church meets my needs, and that makes me happy.
- _____ 3. I am excited to see these two new couples in our group.
- _____ 4. I never want my group to change because new people make me nervous.
- _____ 5. There is a need in the youth ministry. Is God telling me I need to help?

Check three behaviors you could model to help a disciple understand a servant's heart.

- ☐ Giving credit to God for good things.
- ☐ Taking the credit for success.
- ☐ Being in charge
- ☐ Loving the difficult person
- ☐ Helping others joyfully
- ☐ Avoiding difficult people

VI. Preparing Disciples for Disappointment

The following are potential pitfalls a disciple might fall into while serving in ministry. Check the ones you have experienced.

- ☐ Feeling like a failure because nobody noticed
- ☐ Losing motivation because no one said thanks
- ☐ Being hurt because someone was critical
- ☐ Wanting to quit because my efforts didn't measure up to what others had done
- ☐ Being surprised when people had different expectations of me.
- ☐ Other _____

VII. See One, Do One, Teach One

Training for ministry follows the steps of Observe-Participate-Teach

What ministry opportunities would be best for you personally to use a “See one, do one, teach one” approach:

- ☐ Leading a small group
- ☐ Teaching a Bible class
- ☐ Helping out in youth group
- ☐ Serving in the children's Sunday school with you.
- ☐ Preparing and delivering meals for hurting families
- ☐ Making a hospital visit
- ☐ Other _____

Break down a service opportunity into the equipping sequence of “See one, do one, teach one.”

Example: Leading a group

See One – Invite a disciple to see how you prepare for a group and watch you lead the session

Do One – Invite the disciple to lead a group session under your supervision and then with you gone.

Teach One – Invite the disciple to show another group member how to prepare and lead a session.

VIII. Handling Conflict

- ❑ **Conflict is normal:** Conflict is a normal part of relationships, yet for many the word conflict creates anxiety. There seem to be two extremes when it comes to conflict: Some people ignore it, hoping it will go away, whereas others refuse to take any responsibility, making the conflict worse. God does not allow us to hide from relationship problems. Intentional leaders must model, practice, and teach God's principles for unity to those we disciple.

❑ Resolving Conflict-a Biblical Process and Principles

📖 **Matt 7:3-5 NIV** *Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, "Let me take the speck out of your eye," when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye.*

📖 **Matt 18:15-16 NIV** *"If your brother or sister sins, go and point out their fault, just between the two of you. If they listen to you, you have won them over. But if they will not listen, take one or two others along, so that 'every matter may be established by the testimony of two or three witnesses.'*

📖 **Col 3:13-15 NIV** *"Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity. Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.*

📖 **Eph 4:1-3 NIV** *As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace.*

📖 **Pro. 10:12 NIV** *Hatred stirs up conflict, but love covers over all wrongs.*

- **Step 1:** Acknowledge the conflict or offense, and go to the person involved.
- **Step 2:** Talk to the person in private.
- **Step 3:** Ask if you have offended the person. If so, confess your sin and ask forgiveness.
- **Step 4:** If you are the offended, consider overlooking the offense.
- **Step 5:** If the person has sinned, show your brother or sister his or her fault with a humble spirit using the Bible.
- **Step 6:** Restore the relationship with the kind of grace Jesus has given you.

Level Up Disciple Maker Training

Week Seven – Releasing Spiritual Parents: Disciple

2 Timothy 2:2 NIV And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others.

I. Beliefs, values, attitudes and behaviors of Spiritual Parents (p139-143)

- ☐ Spiritual parents are intentional, strategic, reproduction-minded, self-feeding, mission-minded, team-minded, and dependable.
- ☐ They are not just biblically knowledgeable; they are filled with the Spirit, so they have a loving attitude and encourage others.
- ☐ They have mastered the basics and then some.
- ☐ Spiritual parents feed and bathe themselves-feeding daily on the Word of God and putting it into practice.
- ☐ They help younger believers and model how they should also be feeding themselves.
- ☐ Spiritual parents find someone to disciple
- ☐ Spiritual parent looks at people not only as objects of God's love but also as tools in God's hands-here for purpose. They see the potential in others and are intentional about helping others grow up to make more disciples.
- ☐ Spiritual parents love the church – the family of God – and the work it does to further the cause of Christ.
- ☐ Think in terms of what a team (rather than an individual) can do.
- ☐ Have a coaching mindset.
- ☐ Want to see the people they work with mature and become fellow workers who love them but aren't dependent upon them to complete the mission.
- ☐ Think in terms of how to help a younger believer take the next step in his or her development.

II. Phrase from the Stage (143)

- ☐ "This guy at work asked me to explain the Bible to him. Pray for me."
- ☐ "I realized discipleship happens at home, too. Will you hold me accountable to spend time discipling my kids?"
- ☐ "I have a person in my small group who is passionate about children. Can you have the children's ministry call me?"

III. Needs of Spiritual Parents (p144)

- ☐ A team to play on – a place in the body to serve, the right position
- ☐ An invitation and some direction through training, assessing and releasing.
- ☐ To be released and supported-recognition, responsibility and accountability

IV. Making the Transition to Spiritual Parenthood

Mark an "S" for stuck to indicate statements of a disciple not growing to become a disciple-maker and a "T" by the statements that describe transitioning to Spiritual Parenthood.

- ___ Believes service to others is vital to a disciple's growth
- ___ Is well connected in a relational environment
- ___ Sees the need to be intentional about a person's spiritual growth
- ___ Measures spiritual maturity by the ability to explain the Bible
- ___ Likes to discuss and debate ideas pertaining to the Bible
- ___ Thinks discipleship primarily consists of Bible experts explaining God's Word
- ___ See maturity as done best by a team, not an individual
- ___ Feels an urgency to reproduce disciples who can disciple others

- ☐ A disciple who is ready to become a spiritual parent demonstrates the characteristics below. In each space, write the letter of the following statements that best reflects whether you have that characteristic.

A. I don't demonstrate this characteristic.

B. I am developing this characteristic.

C. I think my life reflects this characteristic.

- ___ Is ready and capable to reproduce disciples who can disciple others
 - ___ Understands what it means to be intentional
 - ___ Sees the greater mission to the world and the future
 - ___ Has dependable relationships to support the person as he or she makes disciples.
 - ___ Has an experience-based understanding of the stages of spiritual growth
 - ___ Is able to make connections from the stages of spiritual growth to the SCMD process
- By reflecting on his or her own growth and process

IV. Identifying Potential Disciples

- ☐ Discerning potential disciples begins with prayer. If we are praying and aligning our lives to the mission of Christ, God will show us who to disciple. Potential disciples are spiritually F.A.T: Faithful, Available and Teachable.
- ☐ Match the terms Faithful (F), Available (A), and Teachable (T) to their corresponding description:
- ___ A person who is allocating time and priority to growing in his or her walk with Christ and in his or her relationships. The opposite would be someone who does not prioritize and value the importance of time together. *It does not work to disciple someone you have to beg or who is too busy to study outside your meeting.*
 - ___ A person who is committed to the things of God. The opposite would be someone who is Sporadic, impulsive, and unwilling. If someone is not serious about his or her faith, that person is not ready.
 - ___ A person willing to learn and open to seeing new truth through honest questions. The opposite would be someone who is proud and argumentative at every turn.

Following Spiritual Grandparents: **Multiply**

I. Beliefs, values, attitudes and behaviors of Spiritual Grandparents

- ☐ Spiritual Grandparents are intentional and effective at raising up disciple makers
- ☐ They focus on long-term Kingdom impact through multiple generations.
- ☐ Spiritual Grandparents have multiplied their disciple-making efforts beyond themselves.
- ☐ We make disciples but we also devote ourselves to making disciple makers who make disciples.
- ☐ We move from adding people whom we disciple (spiritual parent) to multiplying disciple makers.

II. Phrase from the Stage

- ☐ “I’m overwhelmed with thankfulness when I find out about people – who I do not personally know – who have been raised up to become disciple makers, by disciple makers that I do know.”
- ☐ “My biggest joy is when I hear about multiple generations of disciple makers who were influenced by those I was blessed to disciple and influence”

III. What to do with Spiritual Grandparents

- ☐ **Converse with and listen to them** – due to years of experience, spiritual grandparents often contain a wealth of knowledge and experience both good and bad. Conversations with them can be mined for nuggets of truth and wisdom that can be beneficial.
- ☐ **Involve and include them** – younger generations need to be connected with those who have gone before them. Although they may not have discipled the newest generation of disciple makers, it is important to remember all have been impacted by their ministry.
- ☐ **Honor and respect them** – Spiritual grandparents do not have to be older in physical age, but when they are, it is important to respect them and show appreciation for their example.

DISCIPLE MAKER DEVELOPMENT PLAN

My Current Level _____ **Assessment Date :** _____

Three things I became aware of regarding my current level (infant, child, young adult, parent, grandparent):

1)

2)

3)

Three changes I will make over the next month in order to grow to the next level of Disciple Making:

1)

2)

3)

Resources I will utilize (prayer, scriptures, people, info):

Contacts and Comments:

One Month Progress:

Date:

New Goal:

Plan (next steps):

Three Month Progress:

Date:

New Goal:

Plan (next steps):

Here are steps to a personal discipleship plan anyone can use.

1. Create goals that will help you be a better disciple maker. Ask yourself what areas you would like to grow in. List some of the obstacles you face in being the best disciple you can be. Then write down 3 goals you want to accomplish to be a better disciple and disciple maker this year. These goals can be anything from meeting with a bible study weekly to reading a chapter in your bible everyday to leading your own bible study or Sunday school class. My biggest suggestion here is to write these goals down. That way you can go back and reference them throughout the year to make sure you are meeting them.
2. Think through what you already do as a disciple of Christ and what you could do better. Things like if you attend church regularly but don't go to bible study. Or if you pray at random times but forget to some days maybe start setting aside specific time in the morning for prayer. Write these down too so you can go back and see how much you've grown as a disciple.
3. Look for resources to help you reach your goals. Talk to a more mature disciple maker, tell him or her what you're doing and your goals to grow as a disciple of Christ. They can point you in the right direction to find books, study guides, and resources to help meet your goals. If you don't feel comfortable talking about it, the internet is a wonderful resource. Search for what you're looking for. I'm sure there will be plenty of articles to help.

No matter where you are in your walk with Christ becoming a better disciple and a disciple maker is essential. We have to know His word and live like Him everyday to help bring others to Him. Setting goals for yourself and making sure you continue to grow your knowledge will help you fulfill the Great Commission

Matthew 28: 19-20 "Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of an age."

"I tell you, open your eyes and look at the fields! They are ripe for harvest." John 4:35b

